



SANDRA SHROFF COLLEGE OF NURSING

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Plot No. 334, 335, 336 & 338, Near Haria L.G. Rotary Hospital Campus, GIDC, Vapi - 396195. Gujarat, India
Mobile No: +91-6357647901, +91-6357647902 E. info@sscnavapi.org



SANDRA SHROFF COLLEGE OF NURSING, VAPI



REPORT ON
NSS SPECIAL VILLAGE
CAMP 2025

04/03/2025 TO 10/03/2025

SUBMITTED BY
NATIONAL SERVICE SCHEME TEAM
SSCN, VAPI

SIGNATURE OF PRINCIPAL

Principal
Sandra Shroff College of Nursing





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NSS SPECIAL VILLAGE CAMP 2025

Date of Event: 04/03/2025 to 10/03/2025

Venue: Kumbharvad, Mahiyavanshi Faliya, Motivada Village

Occasion: NSS SPECIAL VILLAGE CAMP

Participants: 34 NSS Volunteers from 1st Year GNM and 12 NSS Volunteer from 4th Year B.Sc. Nursing

INTRODUCTION

The National Service Scheme (NSS) is a flagship program of the Government of India that aims to develop the personality of students through community service. The NSS Special Camp is an essential part of this initiative, focusing on providing students with opportunities to engage in meaningful social work while also fostering a sense of responsibility and social awareness.

This report presents an overview of the NSS Special Camp organized at Kumbharvad, Mahiyavanshi Faliya, Motivada Village from 4th March 2025 to 10th March 2025. The primary objectives of the camp were to engage participants in activities that would contribute to the welfare of the local community, promote values of unity, selfless service, and national integration, and enhance the personal and leadership skills of the volunteers.

This report details the activities undertaken during the camp, the outcomes achieved, and the personal experiences of the volunteers, highlighting the importance of community service in shaping future leaders.

OBJECTIVES OF THE NSS SPECIAL VILLAGE CAMP

- 1) To raise awareness about women's rights, gender equality, and the importance of women's participation in social, economic, and political spheres.
- 2) To encourage and promote cleanliness and hygiene in the community through active participation in cleanliness drives.
- 3) To educate the community about the dangers and social consequences of alcohol abuse.
- 4) To introduce and promote the physical and mental health benefits of yoga among school children.
- 5) To celebrate and honor the contributions of women to society while promoting gender equality.



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- 6) To spread awareness about the importance of blood donation and to educate the community on how regular donations can save lives.
- 7) To provide free screening and health check-ups for hypertension and diabetes, with the aim of early detection and prevention.
- 8) To raise awareness about sickle cell anemia, its symptoms, and available treatments.

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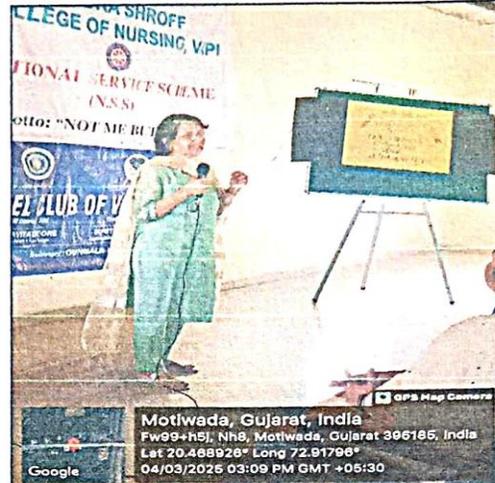
AGENDA FOR NSS SPECIAL VILLAGE CAMP
Area: Motivada, Kumbharvad, Valsad

Date	Day	Activity
04/03/2025	Day 1	Inauguration of the Camp & Women Empowerment
05/03/2025	Day 2	Village Cleanliness Drive Ek Kadam Swachhtra Ki Aur
06/03/2025	Day 3	Awareness Campaign On ill effect of Alcoholism & Deaddiction
07/03/2025	Day 4	Yoga Session
08/03/2025	Day 5	Awareness on Blood Donation
09/03/2025	Day 6	Screening for Hypertension & Diabetes
10/03/2025	Day 7	Sickle Cell Awareness Programme



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DAY- 02: Village Cleanliness Drive

Ek Kadam Swachhta Ki Aur

On the second day of the NSS Special Village Camp, held on 5th March 2025, we conducted a cleanliness drive as part of the campaign "Ek Kadam Swachhta Ki Aur" (One Step Towards Cleanliness). The goal of this initiative was to promote environmental awareness and foster a cleaner and healthier living environment for the village communities.



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DAY- 03: Awareness campaign on ill effects of alcoholism & Deaddiction Strategies

On the third day of the NSS Special Village Camp, the NSS volunteers of the 1st-year GNM program, including Ms. Yogita, Neha, and Riya, performed an impactful role play highlighting the ill effects of alcoholism. The role play was carefully designed to raise awareness about the harmful consequences of alcohol consumption on various aspects of life.

Throughout the performance, the volunteers demonstrated how alcoholism negatively impacts health, both physically and mentally, leading to serious conditions like liver damage, heart problems, and addiction. They also depicted how alcohol abuse can result in financial instability, broken relationships, and social isolation, affecting not just the individual but also their family and community.

In addition to highlighting the health risks, the volunteers also focused on the importance of deaddiction. They educated the audience about the available resources and methods for overcoming alcohol dependence, such as counseling, rehabilitation centers, and support groups. They emphasized that with the right guidance and treatment, recovery is possible, and individuals can regain control over their lives.

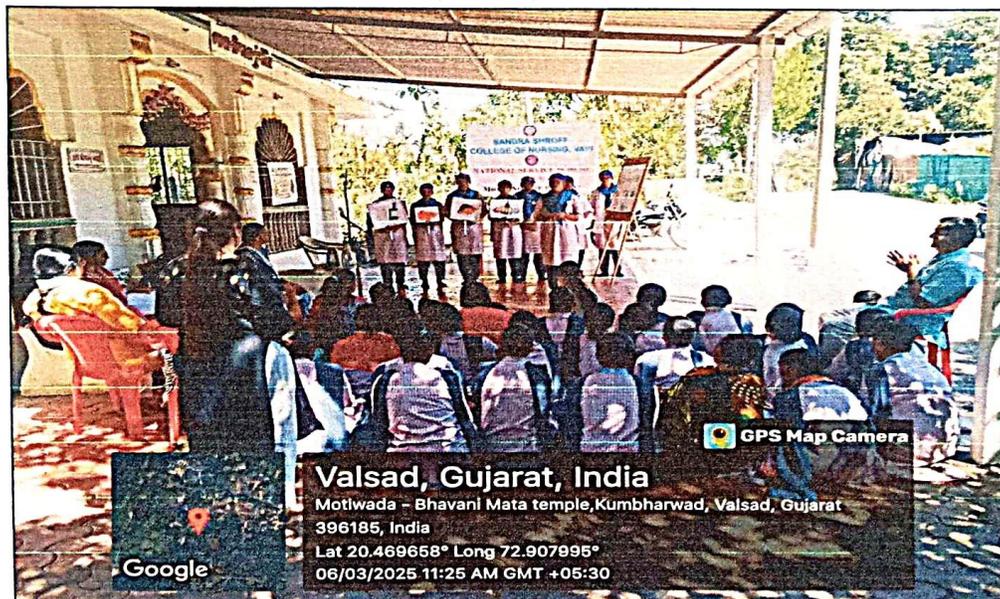
The role play was well-received by the community, as it effectively conveyed the message of the dangers of alcoholism while offering hope and



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solutions for those struggling with addiction. Through this session, the NSS volunteers contributed to spreading awareness about the need for better health practices and the importance of seeking help to combat alcohol dependence.





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DAY- 04: Yoga Session

On the 4th day of the NSS Special Camp, on 7th March 2025, a yoga session was organized at Main Primary School, Motivada, with the assistance of Mrs. Sheetal Trigotra, the District Gujarat Yoga Coordinator. She conducted a two-hour session, during which yoga exercises were performed by the school teachers, students, NSS volunteers, and the NSS Programme Officer. The session included various asanas, pranayama (breathing exercises), and relaxation techniques, which were aimed at enhancing physical health, mental well-being, and promoting inner peace.

Mrs. Sheetal Trigotra explained the importance of yoga in daily life and how it can be incorporated to reduce stress, improve concentration, and boost overall health. Participants actively engaged in the session, and the environment was filled with enthusiasm and positivity.

The benefits of yoga were evident as everyone felt more energized, focused, and relaxed after the session. The event helped in fostering a sense of unity and teamwork among the participants. It was an enriching experience for all involved, and the NSS volunteers, along with the school teachers and students, expressed their gratitude for the opportunity to take part in this beneficial activity. This yoga session proved to be a valuable addition to the NSS Special Camp, contributing to the holistic development of all the participants.





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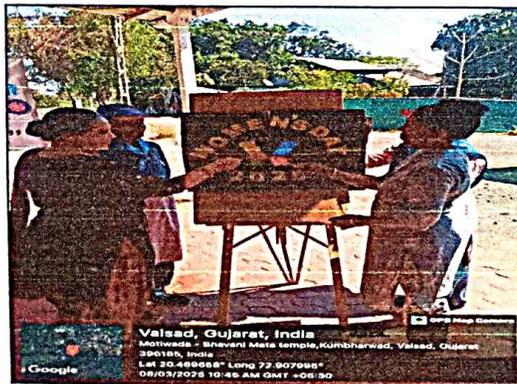
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DAY- 05: Women's Day Celebration and Awareness on Blood Donation

On the 5th day of the NSS Special Camp, we celebrated International Women's Day with the women of Kumbharwad and Motiwada village at the Bhavani Mata Temple. The event began with an opening ceremony led by the women of Motiwada village, along with first-year GNM students and Nursing Tutor Mrs. Rinkal Patel. The first-year GNM students took the initiative to educate the group on the importance of blood donation, raising awareness about its life-saving potential.

Following the informative session, a gesture of appreciation was made by distributing chocolates to all the participants. This not only honored the women but also emphasized the significance of community welfare and support. The session was successful in empowering the local women and raising awareness about blood donation.





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The celebration of International Women's Day in such a meaningful and engaging manner helped strengthen the bond between the community and the NSS team, making the day both memorable.

DAY- 06: Screening of Hypertension & Diabetes

On the 6th day of the NSS Special Village Camp, held on 9th March 2025, a health screening camp was organized at the Bhavani Mata Temple, Motiwada, focusing on the early detection of hypertension and diabetes mellitus. The screening took place from 9:00 AM to 1:30 PM. A total of 91 individuals participated in the camp, where their blood sugar levels and blood pressure were checked by the first-year GNM students, 4th-year B.Sc Nursing students, and the Department of Community Health Nursing.

Out of the 91 participants, 52 individuals were found to be hypertensive, and 10 were diagnosed with diabetes mellitus. This screening initiative not only helped in identifying undiagnosed cases of hypertension and diabetes but also provided an opportunity to raise awareness among the local community about the importance of regular health check-ups and early intervention.

The camp was a valuable step toward promoting better health practices in the village, empowering the residents to take control of their health and seek timely medical attention if necessary. The event also helped strengthen the collaboration between the NSS team and the community, enhancing the overall impact of the camp.



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DAY- 07: Sickle Cell Awareness Programme

On the final day of the NSS Special Village Camp, held on 10th March 2025, a Sickle Cell Awareness Program was organized at the Anganwadi Center, Kumbharvad, Motivada. The session began with an informative talk by Mrs. Ashwini Patel, Nursing Tutor from the Department of Community Health Nursing, who explained the basics of sickle cell disease, including its causes, symptoms, and management strategies.

Following the lecture cum discussion, 4th-year B.Sc Nursing students conducted a live demonstration to further educate the participants about the

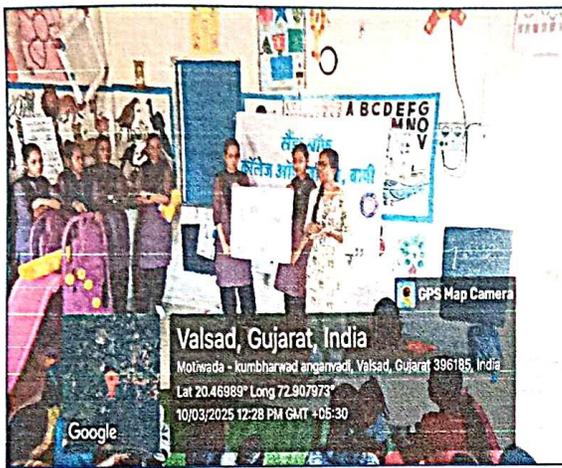


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condition. They provided practical health education, covering key aspects such as the prevention, early detection, and management of sickle cell disease.

The program was attended by 15 women from the village, along with the Anganwadi worker and helper. This initiative aimed to raise awareness among the local community, especially women, about the significance of early diagnosis and management of sickle cell disease, empowering them to take proactive steps for their health and the health of their families.





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CONCLUSION

In conclusion, the NSS Special Village Camp held from 4th to 10th March 2025 in Motivada Village was a resounding success, marked by a series of impactful activities aimed at improving the health, well-being, and awareness of the local community. I acknowledge with gratitude and devotion to the Almighty God, whose grace and blessings accompanied us throughout this event. Heartfelt gratitude to Smt. Sandra Shroff Mam, Founder and Chairman of S.S.C.N, Vapi, for her unwavering support. I am thankful to our beloved Principal Sir, Prof. Mr. Samuel Fernandis, M.Sc. (N), for his guidance and encouragement for this program, and to all the faculty members of the Community Health Nursing Department, especially Dr. Anita Nawale, Vice Principal and HOD of the Community Health Nursing Department; Mrs. Suparna Chakraborty; Mrs. Hetal Patel; Mrs. Ashwini Patel; Mrs. Ketika Patel; and Mrs. Rinkal Patel, for their invaluable contributions and support.

In this camp the volunteers participated in various initiatives, including a cleanliness drive, health screenings, yoga sessions, and awareness programs on topics such as women empowerment, alcohol addiction, blood donation, and sickle cell disease. These activities not only helped foster community involvement but also empowered the villagers with crucial knowledge and resources to improve their quality of life. The camp highlighted the importance of collaboration between the volunteers, the community, and local organizations, contributing to a stronger bond and greater community health awareness. The event proved to be an enriching experience for all involved, leaving a lasting positive impact on the village and its residents.

THANK YOU



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SANDRA SHROFF COLLEGE OF NURSING, VAPI



REPORT ON FIT INDIA MOVMENT 2025

SUBMITTED BY
NATIONAL SERVICE SCHEME TEAM
SSCN, VAPI

SIGNATURE OF PRINCIPAL

[Handwritten Signature]
Principal
Sandra Shroff College of Nursing





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FIT INDIA MOVEMENT 2025

Date of Event: 11th January 2025

Venue: Desai N.D.N. Sarvajanik High School, Vapi

Occasion: Fit India Movement

Time: 8 am to 9 am

Participants: 10 NSS Volunteers from 4th Year B.Sc. Nursing Students and faculties of Sandra Shroff College of Nursing, Vapi and 80 students & teachers of Desai N.D.N. Sarvajanik High School, Vapi.

INTRODUCTION

The Fit India Movement, launched by the Government of India, aims to inspire individuals to prioritize their health and fitness for a better and more active life. In line with this vision, NSS Volunteers from Sandra Shroff College of Nursing, Vapi, organized a programme to promote awareness about fitness and healthy living. The programme, held on **11th January 2025 at Desai N.D.N. Sarvajanik High School, Vapi**, was designed to educate students about the importance of maintaining a balanced lifestyle and the benefits of staying physically active. Through engaging activities and informative sessions, the program encouraged the students to adopt healthier habits, helping to create a lasting impact on their overall well-being.

REPORT OF THE DAY

On 11th January 2025, NSS Volunteers from Sandra Shroff College of Nursing, Vapi, organized a programme on the **Fit India Movement** at Desai N.D.N. Sarvajanik High School in Vapi. The program aimed to educate students about the importance of fitness and healthy living, in line with the vision of the Fit India Movement.

The event began at **8:00 Am** with an engaging **role-play** activity performed by the students. In role play they effectively depicted the negative impact of **unhealthy eating habits, such as excessive consumption of fast food and oil-rich foods.** The role play was very effective for promote a healthier diet and reduce the intake of fast food for better long-term health.

As part of the program, NSS volunteers presented pluggable cards featuring **self-made slogans** that encouraged students to avoid fast food and make healthier food choices. These creative and impactful slogans helped to rein force the importance of conscious eating habits and healthy lifestyles.



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In addition, charts were displayed that provided essential information on the prevention of diseases like Diabetes Mellitus, Obesity and Hypertension. These charts presented effective prevention strategies, including the benefits of regular physical activity, maintaining a balanced diet, and avoiding unhealthy habits that increase the risk of these conditions.

The program concluded at 9:00 AM with a speech by **Mrs. Pinal Patel**, who emphasized the importance of the Fit India Movement. She spoke about how essential it is to make fitness a priority in our lives, especially in today's world, where lifestyle-related diseases are on the rise. Her speech was motivational, urging the students to adopt healthier habits and stay active to ensure a healthier future.

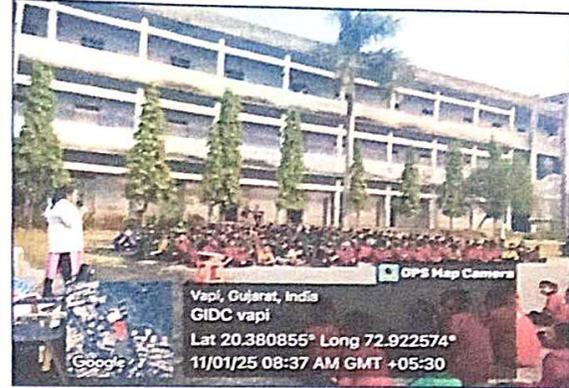
The event was successful in raising awareness and motivating students to take active steps towards improving their health. The NSS Volunteers from Sandra Shroff College of Nursing, Vapi, made significant contributions to this cause, spreading the message of fitness, health, and wellness within the school community.





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CONCLUSION

The Fit India Movement celebration organized by NSS Volunteers from Sandra Shroff College of Nursing was a successful event in raising awareness about fitness and healthy living. Through role-play activities, informative charts, and motivating speeches, the students gained valuable insights into the importance of maintaining a healthy diet and an active lifestyle. The volunteers effectively conveyed the negative impact of unhealthy eating habits and encouraged the adoption of healthier choices. The event inspired students to prioritize fitness and take proactive steps toward preventing lifestyle-related diseases.

THANK YOU



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SANDRA SHROFF COLLEGE OF NURSING, VAPI

REPORT ON IMMUNIZATION WEEK CELEBRATION- APRIL 30TH, 2025



Submitted by

Child Health Nursing Department.

Amanah

Principal
Sandra Shroff College of Nursing





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Date: 30th April 2025

Location: Harai L.G. Rotary Hospital, Vapi & Community area of Chhiri

Objectives: to create awareness about the importance of immunization and promote vaccination among the community.

Activities Undertaken

The immunization week celebration on April 30th, 2025, was successfully conducted at Harai L.G. Rotary Hospital, Vapi and the surrounding Community area of Chirri. The primary focus of the day was to disseminate crucial information about the benefits of vaccination and encourage timely immunization for all age groups.

A key activity undertaken was the distribution of informative pamphlets to individual visiting the hospital and within the Chirri community. These Pamphlets, prepared in clear and concise language, highlighted the following:

The importance of vaccination in preventing various infectious diseases.

The schedule of recommended vaccinations for children and pregnant mothers

Dedicated child health nursing department & 5th semester B.Sc. nursing students actively engaged with community members, answering their queries and addressing their concerns related to vaccination.

Conclusions:

The immunization week celebration on April 30th, 2025, at Harai L.G. Rotary Hospital, Vapi & the Community area of Chirri, served as a significant step towards raising awareness about the critical role of immunization in public health. The distribution of informative pamphlets proved to be an effective method for disseminating key messages and initiating important conversations within the community. Continued efforts and the implementation of the recommendations will further strengthen immunization advocacy and contribute to a healthier community



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SANDRA SHROFF COLLEGE OF NURSING, VAPI



REPORT ON WORLD ENVIRONMENT DAY 2025

SUBMITTED BY
NATIONAL SERVICE SCHEME TEAM
SSCN, VAPI


SIGNATURE OF INCHARGE PRINCIPAL

Principal
Sandra Shroff College of Nursing





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WORLD ENVIRONMENT DAY 2025

Date of Event: 5th June 2025

Venue: Sandra Shroff College of Nursing, Vapi & Urban Primary Health Centre, Anganwadi, Dungra

Occasion: World Environment Day

Participants: 285 NSS Volunteers from 2nd semester, 4th semester, 5th Semester, 7th Semester B.Sc. Nursing & 1st Year, 2nd Year & 3rd Year GNM

INTRODUCTION

World Environment Day is observed every year on June 5th to spread awareness and encourage action for the protection of the environment. The theme for 2025, “Ending Plastic Pollution,” emphasizes the urgent need to reduce plastic consumption by adopting the 5 R: Refuse, Reduce, Reuse, Recycle, and Rethink.

To mark this day, students from 3rd Year GNM actively participated in community area and awareness activities at Urban Primary Health Center, Dungra & Anganwadi Center, Dungra. Other batches of 2nd Semester, 4th Semester, 5th Semester, 7th Semester B.Sc. Nursing students & 1st, 2nd & 3rd Year GNM also contributed through eco-friendly practices in the college campus.

ACTIVITIES OF THE DAY

1. Community Awareness & Plantation Drive by 3rd Year GNM

All participating students began the day by taking a pledge to support environmental protection and reduce plastic usage in their daily lives. The 3rd Year GNM 15 students took the lead in conducting awareness and plantation activities at:

- UPHC Dungra
- PHC (Primary Health Center)

These NSS Volunteer, Hospital staff & Anganwadi worker educated community members on the theme “Ending Plastic Pollution” through interaction, awareness talks, and distribution of eco-friendly messages. They also planted saplings in these community healthcare centers as a step towards greener public spaces.



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2. Indoor Plantation in College Campus

Indoor plantation was carried out within the college premises with active participation from:

- 1st, 2nd & 3rd Year GNM students
- 2nd, 4th, 5th & 7th Semester B.Sc. Nursing students

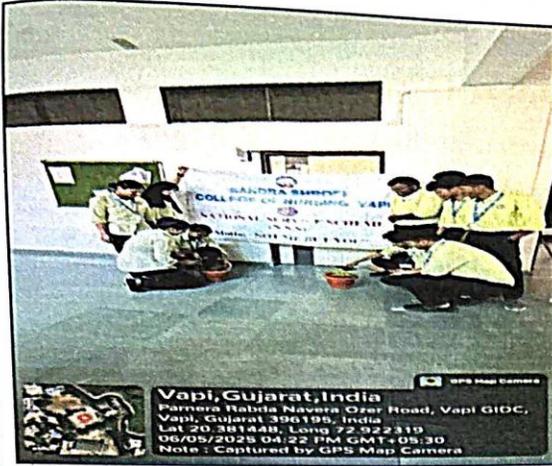
This initiative aimed to enhance the campus environment and promote awareness of the benefits of indoor plants for air purification and mental well-being.





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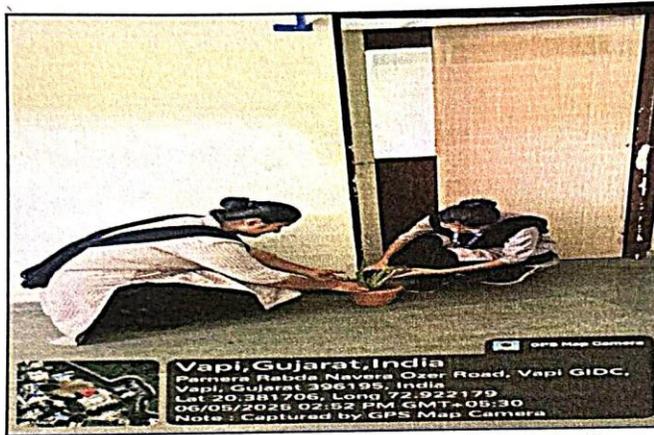
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CONCLUSION

The celebration of World Environment Day 2025 was a great success, with enthusiastic participation from students and community members. The 3rd Year GNM students effectively spread awareness about plastic pollution and contributed to plantation efforts at local health centers. Simultaneously, students from various semesters helped green the campus through indoor plantation. The collective effort demonstrated a strong commitment to environmental responsibility and health promotion—core values for future nursing professionals.

THANK YOU



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SANDRA SHROFF COLLEGE OF NURSING, VAPI



REPORT ON

SWACHH BHARAT PROGRAMME 2024



SUBMITTED BY

MRS.SHEETAL M.K

NSS PROGRAMME OFFICER, NURSING TUTOR

SSCN, VAPI

Handwritten signature and date: 01/10/2024



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INTRODUCTION

Swachh Bharat Abhiyan, Swachh Bharat Mission or clean India mission is a country wide campaign initiated by Government of India in 2014 to eliminate open defecation and improve solid waste management. It is a restructured version of the Nirmal Bharat Abhiyan launched in 2009 and carried out by predecessor Manmohan Singh for better implementation.



REPORT OF THE DAY

In alignment with Veer Narmad South Gujarat University, Surat has issued a circular regarding the Swachh Bharat Abhiyan. Our college Sandra Shroff College of Nursing, Vapi actively participated through the National Service Scheme (NSS) for Swachh Bharat Abhiyan on 20th and 21st September, 2024. This initiative aimed to promote cleanliness and environmental awareness within our community.

OBJECTIVES

The primary objectives of our NSS activities were to encourage students to take an active role in maintaining cleanliness,

1. Enhance awareness about hygiene and sanitation.
2. Promote teamwork among students,
3. Serve the community by improving public spaces.
4. Contribute positivity to the community by cleaning public spaces.



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DAY 1:

On 20th September 2024 all students of 2nd year GNM, 3rd year GNM and 4th year B.sc Students along with faculty member gathers on college Campus at 8:15am. After that we all started Swachh Bharat Abhiyan.

ACTIVITIES CONDUCTED:

Prior to the event, we organized teams comprising 2nd year, 3rd year GNM and 4th year B.Sc. Nursing students. Each team was assigned specific areas to clean, ensuring through coverage. The waste was collected by using armed with gloves, trash bags, and brooms.



Cleaning of SSCN College Campus & surrounding environment





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The college campus and surrounding areas were significantly cleaner by the end of the day. A sense of pride and responsibility was instilled among participants, encouraging them to continue these practices in their daily lives.

DAY 2:

On 21st September 2024 all students of 2nd year GNM, 3rd year GNM and 4th year B.sc Students along with faculty member gathers on Haria LG Rotary Hospital Campus at 8:15am. After that we all started Swachh Bharat Abhiyan. This collaborative initiative allowed us to extend our impact beyond the college.

ACTIVITIES CONDUCTED:

Faculty members and students worked side by side, which fostered camaraderie and reinforced the importance of teamwork in achieving common goals. We focused on cleaning pathways, gardens, and public areas, ensuring that the hospital environment remained hygienic for patients and visitors. We interacted with hospital staff and visitors, sharing information about the importance of maintaining a clean healthcare environment and the role everyone plays in it.



Cleaning of Haria Hospital Campus & surrounding environment





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CONCLUSION

The Swachh Bharat Abhiyan celebration was a resounding success, significantly enhancing the cleanliness of our college. More importantly, it instilled a sense of responsibility and awareness among students. By continuing to a cleaner, healthier environment for everyone. We are committed to making this initiative a regular part of our college culture and look forward to more impactful activities in the future.

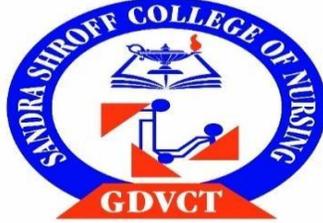
THANK YOU



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SANDRA SHROFF COLLEGE OF NURSING, VAPI



REPORT ON

SCHOOL HEALTH PROGRAMME

AT DESAIWAD SCHOOL, CHHIRI

ON 2ND MAY, 2025





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INTRODUCTION

A comprehensive school health programme is an organized a set of policies, procedures and activities designed to protect and promote the health and well-being of students which has traditionally included health services, healthful school environment and health education. Health education builds students' knowledge, skills and positive attitudes about health. Health education teaches about physical, mental, emotional and social health. It motivates students to improve and maintain their health, prevent diseases, and reduce risky behaviors.



OBJECTIVES

The objectives of school health programme are as follows:

The promotion of positive health

- Early diagnosis, treatment and follow up of disease
- Awakening health consciousness among children



- Provision of healthy environment

PROGRAMME'S REPORT:

3rd year B.Sc Nursing(5th semester) Students of SSCN had organised School Health Programme on 2nd May, 2025 at Govt. Primary School, Chhiri. The programme was organised under the guidance





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of Dr. Anita Nawale, I/C Principal, Mrs. Supama Chakraborty, Associate Professor, Mrs. Hetal Patel, Assistant Professor & Mrs. Ashvini Patel, Nursing Tutor. Total 331 students are participated in School health assessment.



As a part of School health programme, health assessment was done on 331 students in which include Anthropometric measurement, Eye check-up, ear check-up and Dental check-up. At first registration of all the children was done. Ms. Ritu Kumari & Ms. Day-3, Ms. Sneha Yadav & Ms. Shilpi Sharma gave video teaching on Menstrual Hygiene & Care of adolescent.



THE FINDINGS OF HEALTH ASSESSMENT:

- Result Of Eye Checkup: Overall 80% Students Have Normal Vision And 15% Students Have Blurred Vision & 5% Is Having Myopia
- Result Of Ear Checkup: Overall 95% Students Have Normal Hearing And Only 5% Students Have Hearing Difficulties
- Result Of Dental Checkup: Overall 70% Students Have Good & Neat Clean Teeth While 25% Students Have Yellowish Teeth And 5% Students Have Cavities Present In Their Teeth.





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CONCLUSION:-

Students of 3rd year BSc nursing along with guidance of three faculty members (Mrs. Suparna Chakraborty, Mrs. Hetal Patel and Mrs. Ashwini Patel) had organized SCHOOL HEALTH PROGRAMME on 2nd May, 2025 at Govt. Primary School, Chhiri with the support and guidance of I/C Principal Dr. Anita Nawale.





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DEPARTMENT OF COMMUNITY HEALTH NURSING
CORDIALLY INVITES YOU ALL FOR
SCHOOL HEALTH PROGRAMME
ON 2ND MAY, 2025

ACTIVITIES:-

- Health Assessment of School children
- Health Awareness Programme on Personal Hygiene & Environmental Sanitation
- Video Assisted Teaching on Menstrual Hygiene & Care of Adolescent



VENUE : CHHIRI GOVT. PRIMARY SCHOOL

ORGANIZING TEAM
3RD YEAR B.SC. NURSING (5TH SEM) STUDENTS

PROGRAMME COORDINATORS
DR. ANITA NAWALE, VICE PRINCIPAL
MRS. SUPARNA CHAKRABORTY, ASSOCIATE PROFESSOR
MRS. HETAL PATEL, ASSISTANT PROFESSOR
MRS. ASHVINI PATEL, NURSING TUTOR



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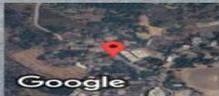


REPORT ON WORLD

THALASSEMIA DAY

8TH MAY, 2025

VENUE: PHC,
CHHIRI



Vapi, Gujarat, India
9wjq+hv4, Desai Wad, Chhiri, Vapi, Gujarat 396145,
India
Lat 20.381541° Long 72.939459°
08/05/2025 09:36 AM GMT +05:30

GPS Map Camera



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INTRODUCTION

Thalassemia is a genetic disorder affecting hemoglobin production, leading to anemia. It's inherited from parents and varies in severity. There are two main types: alpha-thalassemia and beta-thalassemia. Symptoms include fatigue, pale skin, and shortness of breath. Management involves regular blood transfusions, iron chelation therapy, and in some cases, bone marrow transplantation. Genetic counseling and prenatal testing can help prevent transmission. Ongoing medical care improves quality of life for those affected.



PLANNING

- Theme opening
- Conducting Rally
- Raising awareness about thalassemia
- Providing Health education to the clients & the family members
- **PROGRAMME REPORT**





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3rd Year BSC Nursing (5th Sem) Students of SSCN had organized World Thalassaemia Day on 8th May, 2025 at Chhiri, Vapi. The programme was organized under the guidance of Dr. Anita Nawale, VC Principal, Mrs. Suparna Chakraborty, Associate Professor, Mrs. Hetal Patel, Assistant Professor & Mrs. Ashvini Patel, Nursing Tutor. Total 75 people have participated on the World Thalassaemia.

THEME OPENING:

The theme on World Thalassaemia Day, 8th May, 2025 was,

“TOGETHER FOR THALASSEMIA: UNITING
COMMUNITIES, PRIORITISING PATIENTS.”

The theme unfolding was done by Dr. Komal Patel, MO,PHC, Chhiri



.CONDUCTING RALLY:

The 3rd Year BSc. Nursing (5th SEM) students of Sandra shroff College of Nursing had done rally about Thalassaemia Day



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RAISING AWARENESS ABOUT THALASSEMIA:

The students had spread awareness on Thalassemia by making 10 different slogans in pluck cards, posters of Thalassemia prevention etc.,.



HEALTH EDUCATION:

At PHC, Chhiri, the students had given health education regarding Thalassemia, their causes, sign and symptoms, Diagnostic evaluation, Management and Prevention to the Chhiri locality Clients and their Family members.



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CONCLUSION:

Students of 3rd Year Bsc. Nursing along with the guidance of three faculty members, (Mrs. Suparna Chakraborty, Mrs. Hetal Patel, Mrs. Ashvini Patel) had organized World Thalassaemia Day on 8th May, 2025 at Chhiri with the support and guidance of Vice Principal, Dr. Anita Nawale.



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**DEPARTMENT OF COMMUNITY HEALTH NURSING
CORDIALLY INVITES YOU ALL TO CELEBRATE**

WORLD THALASSEMIA DAY

ON 08 th MAY, 2025

**THEME: "TOGETHER FOR THALASSEMIA: UNITING
COMMUNITIES, PRIORITISING PATIENTS."**

TIME	EVENTS	VENUE
08: 15 am	Rally on #We are 1 and #patient first by 5th SEM B.SC	Chhiri Rural area
10:05 am	Unfolding the theme by Medical Officer	RPHC, Chhiri UPHC, Dungra
10:15 am	Awareness Program on Prevention of Thalassemia by 5th SEM B.SC & 3rd Year GNM	RPHC, Chhiri UPHC, Dungra



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SANDRA SHROFF COLLEGE OF NURSING, VAPI



REPORT ON WORLD HYPERTENSION DAY AT DESAIWAD COMMUNITY, CHHIRI ON 16TH MAY, 2025





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INTRODUCTION

World Hypertension Day, observed every year on May 17th, serves as a vital platform to raise awareness about the silent yet serious condition of high yet serious condition of high blood pressure. In our community, this day was marked with collective effort and compassion, bringing people together to promote healthier living. Organized in collaboration with local health workers, clinics, and volunteers, the event focused on free blood pressure screenings, health education sessions, and diet education with common medicine distribution..



OBJECTIVES :

The objectives of world hypertension day are as follows:

- Raise awareness about high blood pressure
- Promote regular BP check-ups
- Encourage healthy lifestyle habits
- Educate on risks of uncontrolled BP
- Motivate BP management and control





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WORLD HYPERTENSION DAY REPORT:.

3rd year B.sc nursing (5th semester) Students had organized World Hypertension day on 16th may 2025 at shrusti complex Chirri. The camp was organized under the guidance Mrs. Suparna Chakraborty, Associate professor, Mrs. Hetal Patel, Assistant professor and Mrs. Ashwini Patel, Nursing Tutor.



Total about 40 people participated in world hypertension camp where there is BP screening, health education and medicine distribution.

As a part of world hypertension day camp, Blood pressure checkup was done on about 40 peoples In which included BP checkup, common illness medicine distribution, health education about hypertension and dietary education for hypertension clients. At first Ms. Jiya and MS. Agness was taken the BP of the clients At station 1 ,Ms. Sushma was distributing the medicine at station 2, Ms. Megha, Ms. Mitali ,Ms. Shruti, Ms. Angel ,Ms. Harshita and Ms. Kavita was giving health education at station 3 and at last station 4 Ms. Pooja and Ms. Raksha was giving dietary education.



THE FINDINGS OF THE DAY:

- ❖ Result of the BP screening : overall about 66% clients having normal blood pressure and about 34% of clients having high blood pressure (about 6 client in this having hypertension).
- ❖ Result of health and dietary education: About 100% of client came in the camp got the health education regarding hypertension.
- ❖ Result of medicine distribution: Among all clients about 63% of people take the medicine like ORS, Paracetamol, levocetirizine, calcium gluconate etc..



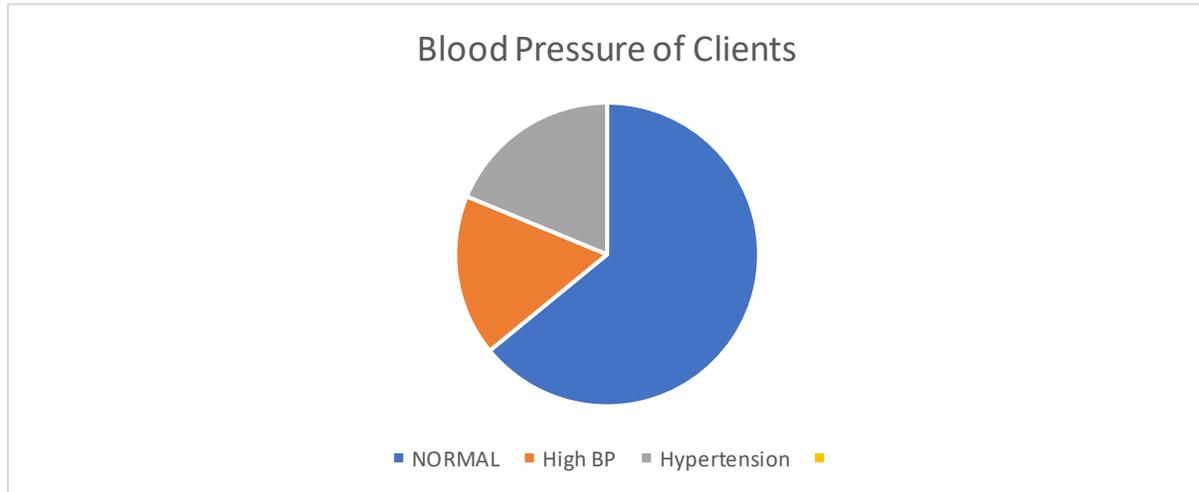


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PIE PRESENTATION OF THE WORLD HYPERTENSION DAY

RESULT:



CONCLUSION:

Students of 3rd year Bsc. Nursing (semester 5) along with the Guidance of three faculty members (Mrs. Suparna Chakraborty, Mrs. Hetal Patel, Mrs. Ashwini Patel) has organised " **WORLD HYPERTENSION DAY CAMP**" with the theme of "**MEASURE YOUR BLOOD PRESSURE ACCURATELY CONTROL IT, LIVE LONG**" on 16th may 2025 at shrusti complex, Chhiri with the support and guidance of I/C Principal Dr. Anita Nawale.





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INTRODUCTION

As a part of Community Health Nursing- I Requirements we visited water purification plant, Vapi on 03/05/2025 at 10:00 am. The total students was 56 B. Sc. Nursing (5th SEM) and were accompanied two faculty members Mrs. Suparna Chakraborty and Mrs. Hetal Patel. Students learn about different methods of water purification plant.

The following are the following of the visit:

Objectives:

1. To understand the purification of water—how raw water is treated and made safe for drinking.
2. To learn about infrastructure and staffing pattern.
3. To study various techniques like filtration, sedimentation, chlorination, and reverse osmosis
4. To learn about water quality standards.

ACTIVITY DURING FIELD VISIT:

Water purification plants are essential facilities that ensure safe drinking water for communities. This water purification plant is run by Municipal Corporation, Vapi.

The following methods are used for the water purification.

- Collection
- Coagulation
- Flocculation
- Chlorination
- Filtration
- Disinfection



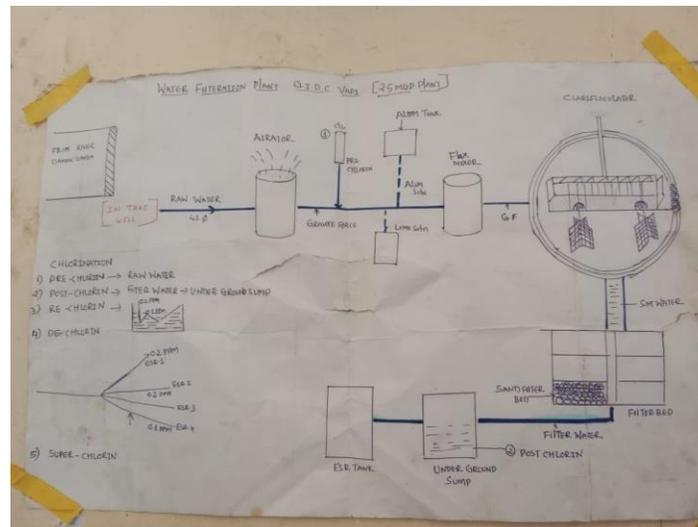
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This visit started from the initial where the waste water of city and raw water which come from the river “Daman Ganga”. After then many processes are doing by the different machines. A water purification plant is a facility designed to remove impurities and contaminants from water sources, making it suitable for human consumption or industrial use.



These plants employ various processes such as sedimentation, filtration and disinfection to ensure the water meets safety standards.



The source of raw water is from the Daman Ganga river and its storage is in a tank or well, which serves as the raw water input for the treatment plant. Tank or well – The raw water may be temporarily stored in a tank or well upon reaching the treatment plant. This storage helps in managing fluctuations in water flow and ensures a steady supply to the treatment process.



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- 1. Oxidation** :-Dissolved metals such as iron and manganese can oxidize from their soluble forms to insoluble forms, Gas Removal Aeration helps to remove gases such as hydrogen sulfide and methane, which can cause odor and taste issues in water.
- 2. pH Adjustment** :-Aeration can also adjust the pH of the water by removing excess carbon dioxide, thereby stabilizing the pH level,
- 2. Lime Solution**:-Adding lime solution in water treatment processes (lime usually in the form of calcium hydroxide, $\text{Ca}(\text{OH})_2$).Raw Water in Aerator When raw water is introduced into an aerator, it undergoes a process designed to improve its quality through aeration.) Introduction of Raw Water Raw water from the Daman Ganga river or any source is first brought into the aerator) Aeration Processing the aerator, the water is exposed to air or oxygen. Oxidation Dissolved metals such as iron and manganese can oxidize from theirsoluble forms to insoluble forms.
- 3. Gas Removal** :-Aeration helps to remove gases such as hydrogen sulfide and methane, which can cause odor and taste issues in water Adjustment Aeration can also adjust the pH of the water by removing excess carbon dioxide, thereby stabilizing the pH level.---Lime Solution Adding lime solution in water treatment processes (lime usually in the form of calcium hydroxide, $\text{Ca}(\text{OH})_2$).
- 4. Coagulation Lime** can also act as a coagulant aid in water treatment. It helps in the formation of flocks during coagulation and flocculation process folcs are larger particles formed by the aggregation of smaller particles and impurities in the water, making them easier to remove during sedimentation and filtration stages.





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CHLORINATION

The chlorination is a methods of water purification, In that total 5 methods are using purify the water.

1. Pre-chlorination :It is adding of chlorine in water before coagulation and filtration.
2. Post chlorination :It is a process of adding the chlorine in the water after all other treatment process.
3. Re chlorination:
4. De-chlorination: It is a process of removing chlorine from the water.
5. Super chlorination: It is the process of applying high dose of chlorine to meet normal chlorine residual.

CONCLUSION

At the end of the field visit students gain knowledge regarding collection, filtration. Chlorination, sedimentation, orthotolidine test and distribution of water system



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SANDRA SHROFF COLLEGE OF NURSING, VAPI



REPORT ON

VISIT TO VEGETABLE MARKET

AT VIBRANT MARKET, GIDC, VAPI

ON 3RD MAY





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INTRODUCTION

An educational visit was planned for the third year B.Sc.(N) students (5th Sem) as a part of their curriculum. We as a group of 56 students and 2 faculty members went to Vegetable Market Visit on 3rd May, 2025.



OBJECTIVES

To discuss about the quality of and influences of vegetables

1. To learn about the types of food and methods of food collection, storage and supply of fruit and vegetables
2. To understand food supply chain
3. To observe availability, price and consumer demand fruits and vegetables
4. To find wide range of vegetables types and small vendor
5. To know about the food waste management system



LIST OF VEGETABLE.....

- ✓ Tomato.
- ✓ Turmeric.
- ✓ Potato.
- ✓ Mushroom.
- ✓ Watermelon.
- ✓ Muskmelon.





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- ✓ Cauliflower
- ✓ Coconut.
- ✓ Mango
- ✓ Drumstick.
- ✓ Peas.
- ✓ Jackfruit.
- ✓ Litchi.
- ✓ Ginger.
- ✓ Garlic.
- ✓ Cabbage.
- ✓ Kiwi.
- ✓ Banana.
- ✓ Spinach.

OBSERVATIONS....

- 1) Quality of vegetables - We observed that the vegetables are conducted in form of bunch or bundles of vegetables, vegetables are very fresh and are not supplied in single form; they are supplied in dozens.
- 2) Types of food – Foods are in various types; there, in that food includes leafy green vegetables, root vegetables, cruciferous vegetables, and more.
- 3) Method of food collection – Food sampling is the crucial process for assessing food quality and safety, often involving specific techniques like foraging, harvesting, modern methods, food storage, food banks, food pantries.
- 4) Storage of food – In a vegetable market, storing food requires a combination of methods to maintain freshness. Leafy greens and mushrooms (store in a paper bag to prevent moisture loss), winter squash (store in a cool, dry, and dark place), onions, garlic, and potatoes (store in a cool, dry, and dark place).
- 5) Vegetable availability – We found that the availability of certain vegetables was seasonal, affecting the pricing and demand.



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Price of vegetables while observing

We observed different pricing strategies employed by vendors, including competitive pricing, premium pricing and bundle pricing. We also noted that impact of seasonal demand of pricing.

We observed various marketing strategies, including attractive displays, signage, and interpersonal marketing. Some vendors also offered free samples to attract customers

Small vendor –

We noted that vendors competed with each other in terms of pricing, quality, and marketing strategies.

CONCLUSION:-

Students of 3rd year BSc nursing along with guidance of two faculty members (Mrs. Suparna Chakraborty and Mrs. Hetal Patel) visited Vibrant Market, GIDC, Vapi with the support and guidance of I/C Principal Dr. Anita Nawale.





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SANDRA SHROFF COLLEGE OF NURSING, VAPI



REPORT ON

VISIT TO VASUDHARADAIRY

AT CHIKHILI

ON 10th MAY, 2025





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INTRODUCTION

An Educational visit was planned for the 3rd Year B.sc nursing (sem-5) students as a part of curriculum. We as a group of 56 students and 2 faculty members went to Vasudhara dairy visit on 10th May, 2025. To learn about process of packaging and distribution of milk and Milk products .

1. To learn about quality control protocol implemented to ensure product safety.
2. To study the chain of milk collection to the distribution of Milk products to consumers.
3. To see production of different types of milk dairy product or manufacture products.
4. To learn about milk pasteurization.





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LIST OF DAIRY PRODUCTS MADE IN VASUDHARA DAIRY:

- Amul Gold milk
- Amul Shakthi milk
- Amul Taza milk
- Amul Masti spiced Buttermilk
- Amul Buttermilk
- Amul Masti Dahi
- Amul Cow Ghee
- Amul Butter
- Amul Cheese
- Ice creams



OBSERVATION

1. Milk Collection:

- Milk was collected from local farmers and transported in insulated tankers.
- Quality was tested for fat content and contamination before acceptance.



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2. Pasteurization Process:

- Employed HTST (High-Temperature Short-Time) method at 72°C for 15 seconds.
- Ensured elimination of harmful microorganisms without affecting nutritional value.

3. Product Processing:

- Products included milk, curd, paneer, butter, ghee, flavored milk, and ice cream. Different departments handled separation, fermentation, and homogenization.

4. Hygiene and Sanitation:

- Workers wore caps, gloves, and masks.
- Equipment was sterilized regularly.
- Proper waste management and clean water supply observed.

5. Packaging and Storage:

- Automated filling and packaging machines used
- Products stored in cold rooms to maintain freshness.

6. Quality Control:

- Regular microbiological and chemical testing done.
- Samples were taken at each stage to ensure safety.

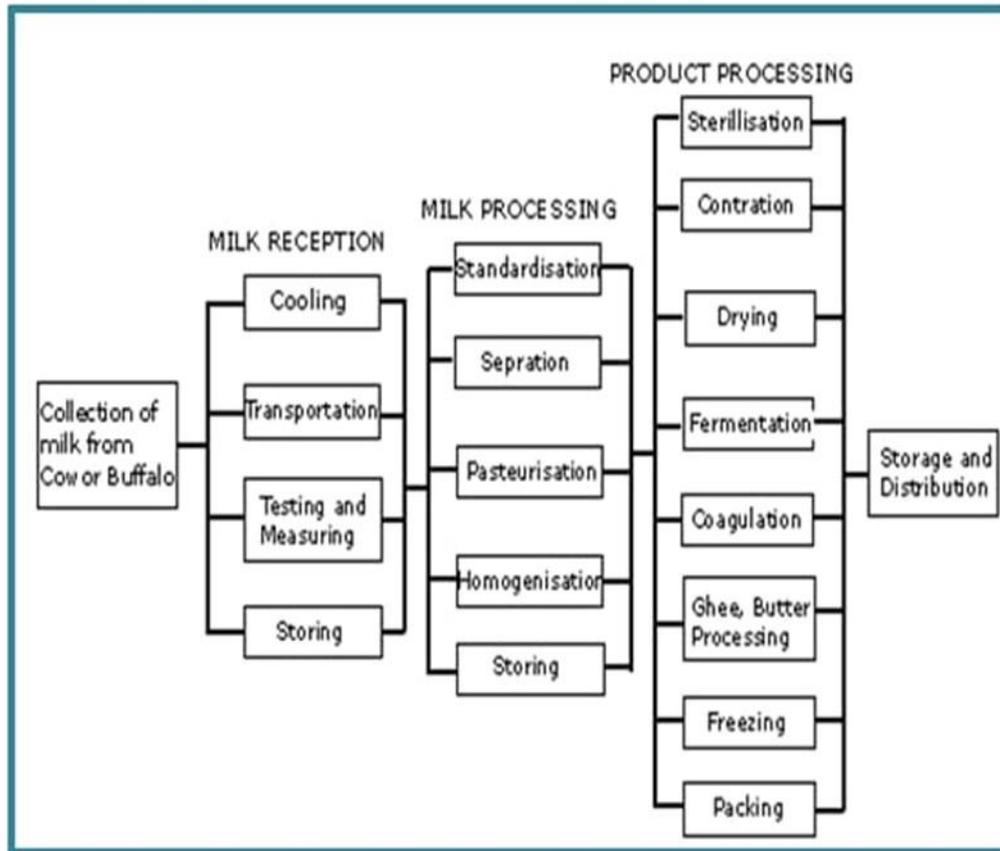
7. Distribution :

Products distributed via cold chain logistics to various retail outlets and stores.



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RECOMMENDATION

- Regular audits for hygiene compliance.
- Awareness programs for farmers on milk hygiene.
- Expansion of flavored milk and probiotic product

CONCLUSION:

The /students of 3rd Year B.sc nursing along with guidance of 2 faculty members (Mrs. Hetal Patel & Mrs. Ashvini Patel) visited Vasudhara Dairy ,Chikhili with the support and guidance of VC Principal Dr. Anita Nawale.